

## JBI FAME Scale

<b>Level</b>	<b>Feasibility (F1-4)</b>	<b>Appropriateness (A1-4)</b>	<b>Meaningfulness (M1-4)</b>	<b>Effectiveness (E1-4)</b>
1	Metasynthesis of research with unequivocal synthesized findings (F1)	Metasynthesis of research with unequivocal synthesized findings (A1)	Metasynthesis of research with unequivocal synthesized findings <b>(M1)</b>	Meta-analysis (with homogeneity) of experimental studies (e.g., RCT with concealed randomization) or one or more large experimental studies with narrow confidence intervals <b>(E1)</b>
2	Metasynthesis of research with credible synthesized findings (F2)	Metasynthesis of research with credible synthesized findings (A2)	Metasynthesis of research with credible synthesized findings <b>(M2)</b>	One or more smaller RCTs with wider confidence intervals OR quasi-experimental studies (without randomization) <b>(E2)</b>
3	a. Metasynthesis of text/opinion with credible synthesized findings (F3a)  b. One or more single research studies of high quality (F3b)	a. Metasynthesis of text/opinion with credible synthesized findings (A3a)  b. One or more single research studies of high quality (A3b)	a. Metasynthesis of text/opinion with credible synthesized findings <b>(M3a)</b>  b. One or more single research studies of high quality <b>(M3b)</b>	a. Cohort studies (with control group) <b>(E3a)</b>  b. Case-controlled <b>(E3b)</b>  c. Observational studies (without control group) <b>(E3c)</b>
4	Expert opinion (F4)	Expert opinion (A4)	Expert opinion <b>(M4)</b>	Expert opinion, physiological bench research, or consensus <b>(E4)</b>